



Week of: Sunday 28 September –
Thursday 2 October 2025
Theme/Focus: Community Helpers
& Healthy Habits

From the Principal's Desk

This week at Academia Preschool was joyfully jam-packed with learning, fun, and meaningful real-world experiences. We welcomed our local Sar Dental Clinic team for age-appropriate talks and friendly dental check-ups, and we also hosted the Traffic Department to guide our children on road safety. Through stories, songs, role-play, and hands-on demonstrations, our little ones practised looking left-right-left before crossing, identifying zebra crossings and traffic lights, and learning the importance of seatbelts and car seats. At the dental stations, children practised brushing on big model teeth, talked about “tooth-friendly” snacks, and learned why we visit the dentist—turning what can feel scary into something confident and calm. Thank you to our visitors for helping us connect classroom learning with everyday life.

Class Highlights

Ms. Dionne's Class

In Ms. Dionne's class, little hands were very busy exploring the colour green while revisiting the shapes circle and square, making animal sounds, and counting from 1–5 throughout our play. Children enjoyed green-themed provocations such as a cool, wobbly tray of pandan jelly for sensory exploration, green playdough for rolling and cutting, and collage stations for cutting and sticking with different textures. We matched green items in a colour hunt, and used circle/square cookie cutters to print bold shape art. Counting popped up everywhere—from five gentle claps to five frog jumps—keeping numbers alive in movement, music, and tidy-up games. Laughter was plentiful and learning was active; there was truly never a dull moment!

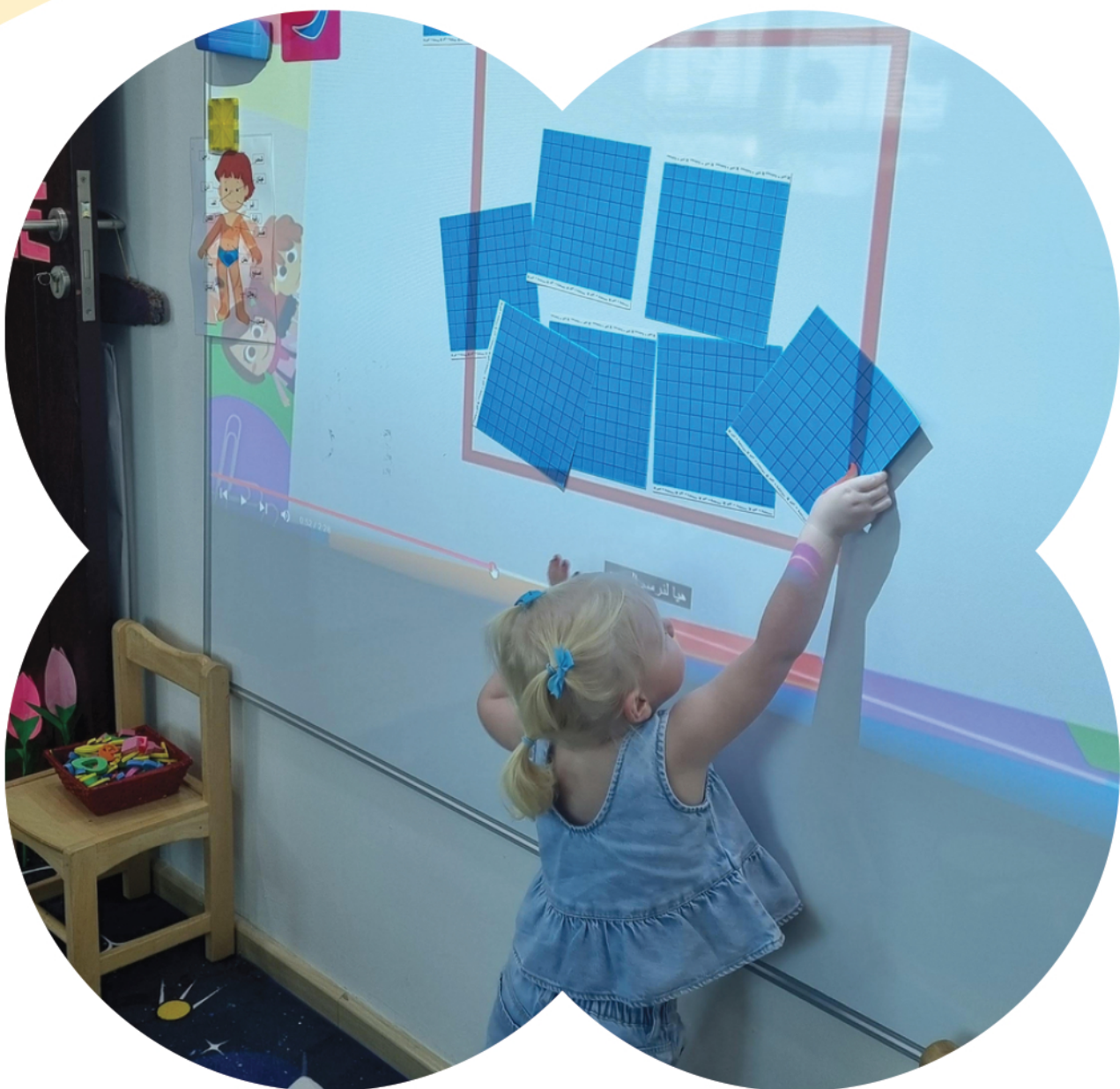
Next Week in Ms. Dionne's Class

We'll keep the momentum going with rich, multi-sensory invitations. Our sensory of the week will be squishy macaroni, perfect for scooping, sorting, and “stirring” in the home corner; we'll add options like a soft foam-soap table, a safe oobleck tray (cornstarch and water), and a textured bubble-wrap stomp path to build core strength and coordination. We'll introduce a shape chart featuring square, circle, and star, explored through shape hunts, stamping, and light-table matching. Our number chart (1–5) will come alive with bean-bag toss counting, finger-play rhymes, and “feed the monster” games where children count out snacks or pom-poms. The colour of the week is RED—watch for a cheerful red table with red blocks, ribbons, and a playful red-item treasure basket. For literacy, our letter for the next two weeks is ‘C’. We'll trace C with car tracks, make cotton-ball clouds, create a counting caterpillar craft, explore coin rubbings, and enjoy “C-sound baskets” (cup, cap, car, cat) for sorting and sound play. Families are invited to join the fun at home with a short red-item hunt or by practising counting “five things we love” at bedtime.

Class Highlights

Ms. Fatima's Arabic Class (الركن العربي)

Hello dear parents! This week, during Arabic time, we warmly reviewed Letter ر (Raa), Number ٢ (اثنان), Shape مربع (Square – مربع), and Color أزرق (Blue – أزرق). Children reinforced vocabulary through action songs, picture-card matching, and playful call-and-response (“ر... رمان – ر... ريشة”). We also traced مربعات with our fingers, sorted blue items, and counted to اثنان using claps, steps, and blocks. Next week, we move forward with Letter ج (Jeem)—discovering words that begin with ج (جمل، جزر، جبل)—and we’ll practise Number ٣ (ثلاثة) by counting three taps, three hops, and three crayons. Our Color برتقالي (Orange) will be explored with an orange discovery basket, and we’ll look for Shape مثلث (Triangle – مثلث) in our environment—triangular road signs, pizza slices, and roof tops. We are excited for another week of joyful Arabic learning that blends sounds, movement, and meaningful vocabulary.

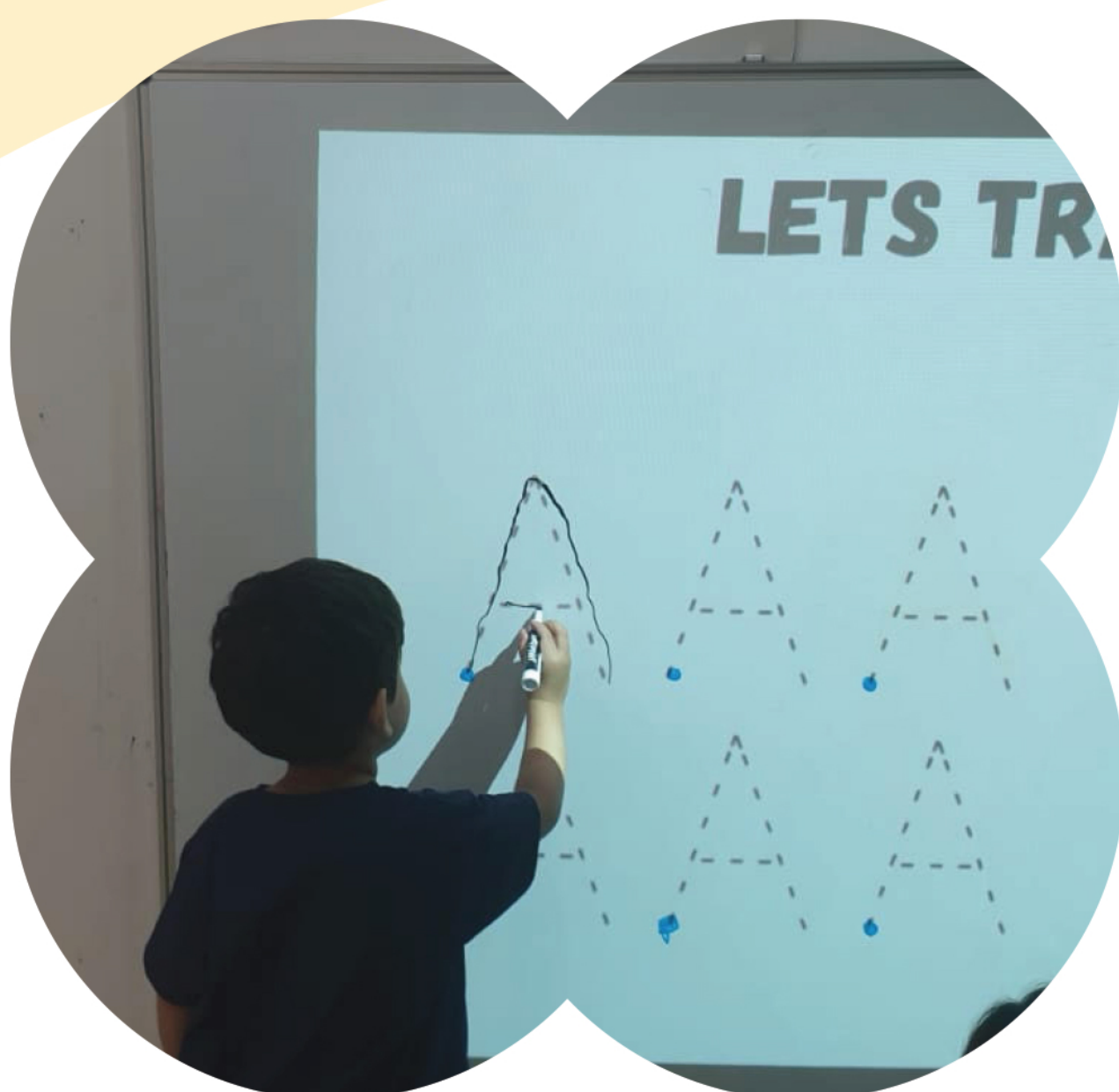


Class Highlights

Ms. Vee's Class

In Ms. Vee's class this week we launched into phonics with the /a/ sound, explored the colour blue, revisited Letter E, and practised our five basic shapes through movement, art, and small-world play. Children sang along to action songs, danced with scarves, and built shape paths to step, tiptoe, and jump along—merging gross-motor skills with early mathematics. At the tinker table, we sorted blue loose parts, made blue sponge prints, and played “mystery bag” to feel and name shapes without peeking.

Next week, we'll continue with the /a/ sound and introduce the colour purple and Letter F. Provocations will include purple water play with floating/pouring challenges, alphabet aerobics (fun fitness moves that match sounds), “find the F” treasure trays (feather, fork, fish toy), and a mini-makers corner for fine-motor cutting and sticking. We'll keep shapes fresh with “shape stories” (Can you find a circle window in our picture? Where is the square?) and plenty of music, dancing, yoga stretches, and outdoor relay games to keep bodies and brains happily engaged.



Announcements

Breast Cancer Awareness Month — Think Pink Bahrain

October is Breast Cancer Awareness Month. Early awareness helps families recognise simple, life-saving habits: knowing your normal, seeking medical advice when something changes, and supporting friends and relatives who are going through treatment. In partnership with Think Pink Bahrain, we will place an official donation box at reception. If you would like to contribute, thank you in advance—every small act of kindness helps fund awareness and support services in our community. We will also share age-appropriate messages with our children about kindness, caring, and looking after our bodies in ways that make sense for their age.

Tennis Enrichment with Bahrain Tennis Academy

We are delighted to announce a new partnership with Bahrain Tennis Academy. Coaches will deliver fun, play-based tennis sessions twice a month on our campus. The additional cost is BD 10 for two sessions per month. The first session will be on Thursday, 9 October, 11:00 a.m.–12:00 p.m., with a tentative second session on Thursday, 30 October. We will confirm any changes via our WhatsApp broadcast. Kindly note: the last day for payment is Sunday, 5 October 2025. Thank you for your prompt support so we can finalise our coach schedule and equipment.

Dates to Remember

International Space Week (5–10 October):




On Wednesday, 8 October, children are invited to come dressed as little astronauts (comfortable and simple costumes are perfect). We'll read "Whatever Next!" by Jill Murphy, create foil-moon craters and sparkly star collages, build cardboard rocket ships, and count "blast-off" from 1 to 5. Our sensory trays will include black beans ("space"), silver confetti "stardust," and magnetic stars to catch with wands, with safe, supervised materials.

Fire Prevention Week (same week):

We'll learn about fire safety through age-appropriate activities—meeting places, safe vs. hot items sorting, and practising "Stop, Drop, and Roll" with teddy bears. This will be followed by a special end-of-month visit from our Civil Defence (Fire Department) team to see the equipment up close and learn how firefighters help our community.

World Teachers' Day (Sunday, 5 October):

Let's shower our patient, kind-hearted teachers with appreciation. A drawing, a kind note, or a simple "thank you" from your child goes a long way. We are so grateful for our dedicated team who bring warmth, creativity, and calm to every classroom.



Announcement

Uniforms

We are pleased to share that our new uniforms will be ready for purchase within the next two weeks. Ms. Wafa will circulate the price list and purchasing details soon. Thank you for your patience while we finalised sizing and suppliers.

Giggle Corner

Q: What do you call a bear with no teeth?

A: A gummy bear!

**With warm regards,
Zimra Elliot
Principal, Academia Preschool (Bahrain)**